



BORN TO FLY™ PRACTICUM PLAN: AY, PA, AB

Submit to the Director of Training (info@borntoflyaerial.com) as soon as you have developed your plan.

Name (First, Last): _____

Address: _____ Phone: _____

City/State/ZIP: _____ E-mail: _____

Training Information

Dates of Live Training: _____ Location of Training: _____

Master Trainer(s): _____

Which certificate are you applying for?

- Aerial Yoga
- Aerial Barre
- Pilates for Aerialists

Prior to the teacher training, how much experience have you had teaching specifically in the area in which you are now applying for certification? Describe length of time teaching, and briefly describe target student population.

What areas do you want to focus on for personal growth as a teacher?

Directions: The 40 practicum hours are *flexible* so that you can create the best plan that fits your goals for personal growth as a teacher. Please visit the website: www.borntoflyteachers.com for a detailed description of each category.

Documentation: To document your hours, download the *Application for Certificate* document from the website and log your hours on this form.

How do you plan to use your 40 hours?	
Observation Hours (7 recommended)	_____
Being a Student Hours (7 max)	_____
Self-Practice Hours (7 max)	_____
Mentorship Hours (optional)	_____
Assistant Teaching Hours (optional)	_____
Teaching Hours (min. 10 required)	_____
Online Modules (2 required)	<u> 2 </u>
RTAP Submission (3 required) (2 videos + one hour credit for online chat)	<u> 3 </u>
Total:	40 hours

What's your time frame?
You have 1 year from the date of your live training to complete the process. Extensions are available for a fee.

Most participants spend 3-6 months completing the process. Please allow 4 weeks for RTAP processing per video, and 2 weeks to process your certificate.

By what month/year would you like to have completed the practicum?
